

AFTER THE CLP



| | Activity | Household | Topic | Date | Venue | HH/Speaker |
|--|----------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-------|------------|
| | Orientation of New Household to CFC | Meeting # 1 | 1st HH - introduce the members into the pattern of life of CFC and to see to it that members are gradually being integrated into the culture of CFC. | 1-Mar-07 | | |
| | | Meeting # 2 | see "Orientation of New Household..." manual | 8-Mar-07 | | |
| | | Meeting # 3 | see "Orientation of New Household..." manual | 15-Mar-07 | | |
| | | Meeting # 4 | see "Orientation of New Household..." manual | 22-Mar-07 | | |
| | | Meeting # 5 | see "Orientation of New Household..." manual | 29-Mar-07 | | |
| | | Meeting # 6 | see "Orientation of New Household..." manual | 5-Apr-07 | | |
| | | Meeting # 7 | see "Orientation of New Household..." manual | 12-Apr-07 | | |
| | | Meeting # 8 | see "Orientation of New Household..." manual | 19-Apr-07 | | |
| | | Meeting # 9 | see "Orientation of New Household..." manual | 26-Apr-07 | | |
| | Covenant Orientation | Teaching | Talk # 1 Our covenant in CFC | 3-May-07 | | |
| | | | Talk # 2 Prayer and Scripture | | | |
| | | | Talk # 3 Strengthening family life | 10-May-07 | | |
| | | | Talk # 4 Our Christian culture in CFC | | | |
| | Covenant Orientation Follow-up | Meeting # 1 | see "CO Follow-up" manual | 17-May-07 | | |
| | | Meeting # 2 | see "CO Follow-up" manual | 24-May-07 | | |
| | | Meeting # 3 | see "CO Follow-up" manual | 31-May-07 | | |
| | | Meeting # 4 | see "CO Follow-up" manual | 7-Jun-07 | | |
| | Covenant Orientation Follow-up | Meeting # 5 | see "CO Follow-up" manual | 14-Jun-07 | | |
| | | Meeting # 6 | see "CO Follow-up" manual | 21-Jun-07 | | |
| | | Meeting # 7 | see "CO Follow-up" manual | 28-Jun-07 | | |
| | | Meeting # 8 | see "CO Follow-up" manual | 5-Jul-07 | | |
| | Financial Stewardship | Teaching | Taking Responsibility for God's Work Through Our Finances | 12-Jul-07 | | |
| | Marriage Enrichment Retreat Day 1 | Retreat | Serving God through Christian marriage | 19-Jul-07 | | |
| | | | The Christian couple as a pastoral team | | | |
| | Marriage Enrichment Retreat Day 2 | Retreat | The role of a Christian husband | 20-Jul-07 | | |
| | | | The role of a Christian wife | | | |
| | | | Effective communication in marriage | | | |
| | | | Healing our marriages | | | |
| | | | Building our homes for God | | | |
| | Marriage Enrichment Retreat - Followup | Meeting # 1 | see "MER - Follow-up" manual | 27-Jul-07 | | |
| | | Meeting # 2 | see "MER - Follow-up" manual | 3-Aug-07 | | |
| | | Meeting # 3 | see "MER - Follow-up" manual | 10-Aug-07 | | |
| | | Meeting # 4 | see "MER - Follow-up" manual | 17-Aug-07 | | |
| | | Meeting # 5 | see "MER - Follow-up" manual | 24-Aug-07 | | |
| | | Meeting # 6 | see "MER - Follow-up" manual | 31-Aug-07 | | |
| | | Meeting # 7 | see "MER - Follow-up" manual | 7-Sep-07 | | |
| | | Meeting # 8 | see "MER - Follow-up" manual | 14-Sep-07 | | |
| | | Meeting # 9 | see "MER - Follow-up" manual | 21-Sep-07 | | |
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CONTENT OF THE MEETINGS

Since there are 3 household meetings in a month, this 3-month phase may encompass 9 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Have a short prayer to start. Have one song and then a prayer by the household head.
- 2 This meeting is a joint meeting (husbands and wives together).
- 3 Start off with brief introductions by each couple, including the leaders, who should go first.
 - * These should be only basic information, such as: name, age, residence, work, children.
 - * It should be only about 5 minutes per couple.

Note: It would be good to collate basic information about the household members and give these out to everyone for their respective references. This can include: names, residence, birthdays, anniversary, telephone, work info, children.

- 4 Explain the following (refer to your household head's manual):
 - * Purpose of household meetings (Sec. A-2)
 - * Your role as household head (Sec. B-2)
 - * Your wife's role (Sec. B-3)
 - * Attendance (Sec. C-2)
 - * Ingredients (Sec. D-3)
- 5 Expound on how you will be conducting the time of worship starting the next meeting.
 - * Explain the sequence (Sec. D-3-a).
 - * Exhort participation--in singing, praising, exercise of spiritual gifts, individual prayers of thanksgiving and petition.
- 6 Have a time for questions and answers.
- 7 Agree on your subsequent meetings.
 - * What day?
 - * What time? Have an "arrival time" and a "starting time", usually about 15 minutes later. Stress that the meeting will start punctually on the designated starting time.
 - * Where? For ease of remembering, do the rotation of venues based on the surnames of the members, going alphabetically.
- 8 Remind everyone to have their own Bible and to bring it to every meeting.
- 9 Have your time of fellowship. Try to keep the whole meeting within 2 1/2 hrs.

Meeting No. 2

- 1 Have full worship.
- 2 This meeting again is a joint meeting.
- 3 If anyone was late, exhort all to punctuality.
- 4 Examine the time of worship.
 - * Did people participate actively?
 - * Discuss the dynamics a bit.
 - * Exhort all to greater participation and openness to the leadings of the Holy Spirit.
- 5 Go over the desired attitudes of members (Sec. C-6)
- 6 Go quickly over the Bible Reading Guide.
 - * Does everyone have his/her own Bible?
 - * Encourage faithfulness to daily Bible reading, using the guide.
- 7 Encourage all to read one spiritual book a month, drawing from our publications in CFC/FLAME Ministries.
- 8 Surface any concerns the members might have.
- 9 Have your time of fellowship.

Meeting No. 3

- 1 Have full worship.
- 2 This will now be a separate meeting, i.e., the men meet separately from the women. The household head's wife will lead the women in their meeting.
- 3 Before the sharing, encourage openness. Reiterate the principle of confidentiality (Sec. C-1-b).
- 4 Have the time of sharing.

Topic:

- * How they were introduced to CFC and what made them decide to join.
- * What changes are they observing or experiencing in their lives--home, office, relationships.

The Covenant Orientation (CO) is part of the first-year formation program for all CFC members. It is given three months after the Christian Life Program (CLP). It is a required course for all CFC members.

The CO is normally offered as a one day recollection. It focuses on the most basic elements of our covenant in CFC.

Goals of the course

- 1 covenant in CFC.
- 2 covenant.
- 3 their life and calling in CFC.

Topics of the talks

- 1 Our covenant in CFC
- 2 Prayer and Scripture
- 3 Strengthening family life
- 4 Our Christian culture in CFC

CONTENT OF THE MEETINGS

Since there are three household meetings in a month, and since one household meeting will be replaced by the teaching night on Financial Stewardship, this 3-month phase may encompass 8 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about the nature and content of our covenant in CFC.
 - * Do they realize the seriousness of having a covenant with God?
 - * Share about elements of the covenant that pose difficult-ties or challenge. (Note: It is important to stress that one will not necessarily be living out the covenant perfectly. We are all in various stages of our new life. This is why we need to support one another. What is important is that we understand the covenant, we agree with it and desire it for our lives, and we will truly strive to live it out).
- 3 Reminder: Try to keep these meetings within 2 1/2 hours.

Meeting No. 2

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about prayer life and daily Bible reading.
- 3 Note:
 - * Get the members to commit to daily prayer. Ask them for their specific time and place for prayer.
 - * Ask if they have been doing the daily Bible readings according to our Bible Reading Guide. If not, encourage them to do so.

Meeting No. 3

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about family life, especially relationship with the spouse and with the children.

Meeting No. 4

Note: This meeting content is for the household meeting immediately following the teaching on Financial Stewardship. If this teaching night was not scheduled, then move on to the next (meeting No. 5) for the appropriate meeting content.

- 1 Full worship, a separate or joint meeting.
- 2 Topic: Discuss "stewardship" and their obligation to support God's work. Discuss the concept of tithing. Discuss how their help is necessary to carry on the work of CFC.
- 3 Note:
 - * Encourage them to give regularly (monthly), even if they are as yet unable to give a full tithe.
 - * Discuss the practical aspects of giving their contribution (e.g., use of tithe envelopes, giving checks, giving through you, giving during the monthly prayer assemblies, your reminders, etc.).

Meeting No. 5

- 1 fellowship.
- 2 Topic: Go over the CFC Statement of Philosophy. Discuss and ensure understanding of our 5 foundational beliefs.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about the ways we relate to one another in CFC as brothers and sisters in the Lord.
 - * Honor and respect.
 - * Loyalty and commitment.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss the whole area of Christian speech.
 - * Make commitments to one another as to using

This teaching is given to all new members one month after the Covenant Orientation. It is recommended that this session be held in lieu of regular household meetings for that particular week.

Content of the session**Mins.**

- 30 Arrival and registration
- 30 Worship
- 45 Through our Finances"
- 30 Open forum
- 15 Announcements and closing prayer

Important points

- 1 This is the time we formally teach our members about tithing and financial support for the work of CFC.
- 2 The whole tone of the presentation, both the talk and when answering questions, is one of encouragement--for our members to better appreciate the vision and mission of CFC and the place of money in that work.
- 3 The Financial Handbook is given out as a handout after the talk, one copy for every couple.
- 4 In case it is not asked, we should say something about the practical aspects of giving in their contributions--how, when, where, etc.
- 5 We end by encouraging all present to start the practice of making contributions to CFC. It may be a tithe or less. But every amount, no matter how small, counts.
- 6 We should have a tithe table. Thus those present can immediately put the teaching into practice.

The Marriage Enrichment Retreat (MER) is part of the first-year formation program in CFC. The MER is usually given six months after the end of the CLP. All couple-members are expected to take the MER.

MER talks

- 1 Serving God through Christian marriage
- 2 The Christian couple as a pastoral team
- 3 The role of a Christian husband
- 4 The role of a Christian wife
- 5 Effective communication in marriage
- 6 Healing our marriages
- 7 Building our homes for God

Schedule

There are two alternative schedules for the MER.

The first starts on a Friday evening and ends on Sunday at noon. There is one talk on Friday, five talks on Saturday, and a final talk on Sunday. This is the recommended schedule.

An alternative schedule is provided, which starts on Friday evening and ends on Sunday afternoon. Here there is no talk on Friday, four talks on Saturday and three on Sunday. This schedule can be used for situations where the participants may not be able to reach the retreat venue early enough (due to distance, work, traffic). This schedule is longer (with less time for family on Sunday), probably a little more expensive, and provides less cause for celebration on Saturday evening (less inputs and discussion, and no prayers for inner healing yet).

Yet a third schedule is possible, and this is using Schedule B but eliminating Friday evening. The Orientation is inserted on Saturday morning. The advantage is less time invested, with resultant lower cost. However, be aware that this MER is very important for our marriage and family life, and we should think not in terms of investing less time but rather more. Further, if people come late on Saturday morning, the whole schedule is adversely affected.

The MER may be conducted on days other than a weekend.

CONTENT OF THE MEETINGS

Since there are 3 household meetings in a month, this 3-month phase may encompass 9 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Full worship, a joint meeting, fellowship.
- 2 Topic: Share about your MER experience.

Meeting No. 2

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Serving God through Christian Marriage".
 - * Do we see the importance of our marriage and our family in God's plan?
 - * Do we realize that God's plan can only truly happen by the power of His Spirit, thus the necessity of a renewed life centered on Jesus?
- 3 Reminder: Try to keep these household meetings to within 2 1/2 hours.

Meeting No. 3

- 1 Full worship, a joint meeting, fellowship.
- 2 Topic: Discuss and share about "The Christian Couple as a Pastoral Team".
 - * How are we failing to work as a team?
 - * Evaluate how much of a "domestic church" our home already is.

Meeting No. 4

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: For the men, discuss and share about "The Role of a Christian Husband". For the women, discuss and share about "The Role of a Christian Wife".
 - * How am I living out my role as a Christian husband/wife?
 - * How do I support my spouse in living out his/her role?

Meeting No. 5

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Effective Communication in Marriage".
 - * What are the obstacles to my communicating with my spouse?
- 3 Note:
 - * If no regular communication has been set, get them to commit to discuss with their spouse when and where their time of dialogue would be.
 - * If they have not yet started on a real husband-wife dialogue, get them to commit to do so in the coming week.
 - * Inform them that they will share about their time of communication during the next meeting.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about their husband-wife dialogue in the past week.
 - * Give helpful inputs and suggestions to one another.
- 3 Note:
 - * Stress the importance of regular communication. With this more and more in place, the foundation would be laid for working through any difficulties that may arise in the future.
 - * Note down the day and time of their regular communication.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Healing Our Marriages".
 - * Surface hurts which pose a stumbling block to a strong, vibrant marriage relationship.
 - * If necessary, pray over those with such hurts.
- 3 Note:
 - * It is important to stress the necessity for repentance and forgiveness as essential to truly healing hurts in marriage.

- 5 Surface any concerns they might still have regarding CFC and their household group.
- 6 Have your time of fellowship.

Meeting No. 4

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on personal prayer and Bible reading.

Meeting No. 5

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on personal life -- interests, hobbies, work, schedule of activities, etc.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on family life--relationship with spouse, relationship with children, family schedule, family prayer, family recreation, etc.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on how they are experiencing growth in and through CFC.

Meeting No. 8

- 1 Have full worship.
- 2 This meeting is a joint meeting.
- 3 Discuss the CFC logo.
 - * Do they understand what CFC stands for?
 - * Where are they at in relation to who they ought to be and what they ought to be for in CFC?
- 4 Have your time of fellowship.

Meeting No. 9

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic for sharing:
 - * How are they experiencing personal conversion and de-veloping their personal relationship with Jesus?
 - * How are they appreciating God's call to be in a particu-lar body, which is CFC?

Note

- 1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.
- 2 The next phase after this Orientation of New Households is a one-day recollection referred to as the "Covenant Ori-entation". In case this is scheduled early, some of the topics of the abovementioned meetings will have to wait for another time. In case the recollection is late, then there will be added household meetings where the topics will have to be decided on by the household head. You have a variety of sources for topics: the CLP talks, the Ugnayan "Growing in the Lord" articles, Christian books, etc.

speech to upbuild.

Meeting No. 8

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about how they are beginning to appreciate the richness of the life and mission of CFC.
- 3 **Note:** Your goal is to excite them about being a part of CFC.

Note

- 1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.
- 2 The next formation course after this CO Follow up is a weekend Marriage Enrichment Retreat (MER). In case this MER is scheduled early, some of the topics of the above mentioned meetings will have to wait for another time. In case the MER is late, then there will be added household meetings where the topics will have to be decided on by the household leaders. You have a variety of sources for topics: the CLP talks, the Ugnayan "Growing in the Lord" or "Vision and Mission" articles, Christian books, etc.

* For those who need counselling beyond your own capabilities, refer them to the Unit or Chapter Head, or to other CFC elders.

Meeting No. 8

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Building Our Homes for God".
 - * Share about how they evaluate their homes in the areas of faith, service love, peace and order.
- 3 **Note:**
 - * Get the members to agree to lovingly point out various areas of weakness in their Christian homes, as they ob-serve these during household meetings held in their homes.

Meeting No. 9

- 1 Full worship, a joint meeting, fellowship.
- 2 This is a time of celebration, as the couples would have completed the basic first year formation courses in CFC, and they would be one year in CFC starting from the time they joined the Christian Life Program (CLP).
- 3 Topic: Share about their life in CFC and how CFC has been a blessing to them, their marriage and their family.

NOTE

- 1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.
- 2 After this phase, your members will move on into their 2nd year in CFC.
 - * Encourage them to be open to serving as discussion group leaders in the CLP.
 - * Encourage them to be ready to face up to a possible dis-banding of the household and their assignment to a new household.

- 3 Should your household remain intact, the content for your meetings beyond the first year will be in accordance with the cycle described in your Household Head's Manual.

ORIENTATION OF NEW HOUSEHOLD TO CFC

CONTENT OF THE MEETINGS

Since there are 3 household meetings in a month, this 3-month phase may encompass 9 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Have a short prayer to start. Have one song and then a prayer by the household head.
- 2 This meeting is a joint meeting (husbands and wives together).
- 3 Start off with brief introductions by each couple, including the leaders, who should go first.
 - * These should be only basic information, such as: name, age, residence, work, children.
 - * It should be only about 5 minutes per couple.

Note: It would be good to collate basic information about the household members and give these out to everyone for their respective references. This can include: names, residence, birthdates, anniversary, telephone, work info, children.

- 4 Explain the following (refer to your household head's manual):
 - * Purpose of household meetings (Sec. A-2)
 - * Your role as household head (Sec. B-2)
 - * Your wife's role (Sec. B-3)
 - * Attendance (Sec. C-2)
 - * Ingredients (Sec. D-3)
- 5 Expound on how you will be conducting the time of worship starting the next meeting.
 - * Explain the sequence (Sec. D-3-a).
 - * Exhort participation--in singing, praising, exercise of spiritual gifts, individual prayers of thanksgiving and petition.
- 6 Have a time for questions and answers.
- 7 Agree on your subsequent meetings.

- * What day?
 - * What time? Have an "arrival time" and a "starting time", usually about 15 minutes later. Stress that the meeting will start punctually on the designated starting time.
 - * Where? For ease of remembering, do the rotation of venues based on the surnames of the members, going alphabetically.
- 8 Remind everyone to have their own Bible and to bring it to every meeting.
 - 9 Have your time of fellowship. Try to keep the whole meeting within 2 1/2 hrs.

Meeting No. 2

- 1 Have full worship.
- 2 This meeting again is a joint meeting.
- 3 If anyone was late, exhort all to punctuality.
- 4 Examine the time of worship.
 - * Did people participate actively?
 - * Discuss the dynamics a bit.
 - * Exhort all to greater participation and openness to the leadings of the Holy Spirit.
- 5 Go over the desired attitudes of members (Sec. C-1).
- 6 Go quickly over the Bible Reading Guide.
 - * Does everyone have his/her own Bible?
 - * Encourage faithfulness to daily Bible reading, using the guide.
- 7 Encourage all to read one spiritual book a month, drawing from our publications in CFC/FLAME Ministries.
- 8 Surface any concerns the members might have.
- 9 Have your time of fellowship.

Meeting No. 3

- 1 Have full worship.
- 2 This will now be a separate meeting, i.e., the men meet separately from the women. The household head's wife will lead the women in their meeting.
- 3 Before the sharing, encourage openness. Reiterate the principle of confidentiality (Sec. C-1-b).

4 Have the time of sharing.

Topic:

- * How they were introduced to CFC and what made them decide to join.
- * What changes are they observing or experiencing in their lives--home, office, relationships.

5 Surface any concerns they might still have regarding CFC and their household group.

6 Have your time of fellowship.

Meeting No. 4

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on personal prayer and Bible reading.

Meeting No. 5

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on personal life -- interests, hobbies, work, schedule of activities, etc.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on family life--relationship with spouse, relationship with children, family schedule, family prayer, family recreation, etc.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share on how they are experiencing growth in and through CFC.

Meeting No. 8

- 1 Have full worship.
- 2 This meeting is a joint meeting.
- 3 Discuss the CFC logo.
 - * Do they understand what CFC stands for?
 - * Where are they at in relation to who they ought to be and what they ought to be for in CFC?
- 4 Have your time of fellowship.

Meeting No. 9

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic for sharing:
 - * How are they experiencing personal conversion and de-veloping their personal relationship with Jesus?
 - * How are they appreciating God's call to be in a particu-lar body, which is CFC?

Note

- 1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.
- 2 The next phase after this Orientation of New Households is a one-day recollection referred to as the "Covenant Orien-tation". In case this is scheduled early, some of the topics of the abovementioned meetings will have to wait for another time. In case the recollection is late, then there will be added household meetings where the topics will have to be decided on by the household head. You have a variety of sources for topics: the CLP talks, the Ugnayan "Growing in the Lord" articles, Christian books, etc.

COVENANT ORIENTATION

The Covenant Orientation (CO) is part of the first year formation program for all CFC members. It is given three months after the Christian Life Program (CLP). It is a required course for all CFC members.

The CO is normally offered as a one day recollection. It focuses on the most basic elements of our covenant in CFC.

Goals of the course

- 1 To expound on the meaning and importance of our covenant in CFC.
- 2 To expound on the more basic elements of this covenant.
- 3 To deepen the commitment of CFC members to their life and calling in CFC.

Topics of the talks

- 1 Our covenant in CFC
- 2 Prayer and Scripture
- 3 Strengthening family life
- 4 Our Christian culture in CFC

COVENANT ORIENTATION FOLLOW-UP

CONTENT OF THE MEETINGS

Since there are three household meetings in a month, and since one household meeting will be replaced by the teaching night on Financial Stewardship, this 3-month phase may encompass 8 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about the nature and content of our covenant in CFC.
 - * Do they realize the seriousness of having a covenant with God?
 - * Share about elements of the covenant that pose difficulties or challenge. (Note: It is important to stress that one will not necessarily be living out the covenant perfectly. We are all in various stages of our new life. This is why we need to support one another. What is important is that we understand the covenant, we agree with it and desire it for our lives, and we will truly strive to live it out).
- 3 Reminder: Try to keep these meetings within 2 1/2 hours.

Meeting No. 2

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about prayer life and daily Bible reading.
- 3 Note:
 - * Get the members to commit to daily prayer. Ask them for their specific time and place for prayer.
 - * Ask if they have been doing the daily Bible readings according to our Bible Reading Guide. If not, encourage them to do so.

Meeting No. 3

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about family life, especially relationship with the spouse and with the children.

Meeting No. 4

Note: This meeting content is for the household meeting immediately following the teaching on Financial Stewardship. If this teaching night was not scheduled, then move on to the next (meeting No. 5) for the appropriate meeting content.

- 1 Full worship, a separate or joint meeting, fellowship.
- 2 Topic: Discuss "stewardship" and their obligation to support God's work. Discuss the concept of tithing. Discuss how their help is necessary to carry on the work of CFC.
- 3 Note:
 - * Encourage them to give regularly (monthly), even if they are as yet unable to give a full tithe.
 - * Discuss the practical aspects of giving their contribution (e.g., use of tithe envelopes, giving checks, giving through you, giving during the monthly prayer assemblies, your reminders, etc.).

Meeting No. 5

- 1 Full worship, a separate or joint meeting, fellowship.
- 2 Topic: Go over the CFC Statement of Philosophy. Discuss and ensure understanding of our 5 foundational beliefs.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about the ways we relate to one another in CFC as brothers and sisters in the Lord.
 - * Honor and respect.

* Loyalty and commitment.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss the whole area of Christian speech.
 - * Make commitments to one another as to using speech to upbuild.

Meeting No. 8

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about how they are beginning to appreciate the richness of the life and mission of CFC.
- 3 **Note:** Your goal is to excite them about being a part of CFC.

Note

- 1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.
- 2 The next formation course after this CO Follow up is a weekend Marriage Enrichment Retreat (MER). In case this MER is scheduled early, some of the topics of the above mentioned meetings will have to wait for another time. In case the MER is late, then there will be added household meetings where the topics will have to be decided on by the household leaders. You have a variety of sources for topics: the CLP talks, the Ugnayan "Growing in the Lord" or "Vision and Mission" articles, Christian books, etc.

FINANCIAL STEWARDSHIP

This teaching is given to all new members one month after the Covenant Orientation. It is recommended that this session be held in lieu of regular household meetings for that particular week.

Content of the session

Mins.

- 30 Arrival and registration
- 30 Worship
- 45 Talk on "Taking responsibility for God's Work Through our Finances"
- 30 Open forum
- 15 Announcements and closing prayer

Important points

- 1 This is the time we formally teach our members about tithing and financial support for the work of CFC.
- 2 The whole tone of the presentation, both the talk and when answering questions, is one of encouragement--for our members to better appreciate the vision and mission of CFC and the place of money in that work.
- 3 The Financial Handbook is given out as a handout after the talk, one copy for every couple.
- 4 In case it is not asked, we should say something about the practical aspects of giving in their contributions--how, when, where, etc.
- 5 We end by encouraging all present to start the practice of making contributions to CFC. It may be a tithe or less. But every amount, no matter how small, counts.
- 6 We should have a tithe table. Thus those present can immediately put the teaching into practice.

MARRIAGE ENRICHMENT RETREAT

The Marriage Enrichment Retreat (MER) is part of the first-year formation program in CFC. The MER is usually given six months after the end of the CLP. All couple-members are expected to take the MER.

MER talks

- 1 Serving God through Christian marriage
- 2 The Christian couple as a pastoral team
- 3 The role of a Christian husband
- 4 The role of a Christian wife
- 5 Effective communication in marriage
- 6 Healing our marriages
- 7 Building our homes for God

Schedule

There are two alternative schedules for the MER.

The first starts on a Friday evening and ends on Sunday at noon. There is one talk on Friday, five talks on Saturday, and a final talk on Sunday. This is the recommended schedule.

An alternative schedule is provided, which starts on Friday evening and ends on Sunday afternoon. Here there is no talk on Friday, four talks on Saturday and three on Sunday. This schedule can be used for situations where the participants may not be able to reach the retreat venue early enough (due to distance, work, traffic). This schedule is longer (with less time for family on Sunday), probably a little more expensive, and provides less cause for celebration on Saturday evening (less inputs and discussion, and no prayers for inner healing yet).

Yet a third schedule is possible, and this is using Schedule B but eliminating Friday evening. The Orientation is inserted on Saturday morning. The advantage is less time invested, with resultant lower cost. However, be aware that this MER is very important for our marriage and family life, and we should think not in terms of investing less time but rather more. Further, if people come late on Saturday morning, the whole schedule is adversely affected.

The MER may be conducted on days other than a weekend.

MARRIAGE ENRICHMENT RETREAT FOLLOW-UP

CONTENT OF THE MEETINGS

Since there are 3 household meetings in a month, this 3 month phase may encompass 9 household meetings in all. Following are the proposed contents for each of these meetings. The household head may opt to have topics or content other than these, as long as the basic objectives for this phase are met.

Meeting No. 1

- 1 Full worship, a joint meeting, fellowship.
- 2 Topic: Share about your MER experience.

Meeting No. 2

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Serving God through Christian Marriage".
 - * Do we see the importance of our marriage and our family in God's plan?
 - * Do we realize that God's plan can only truly happen by the power of His Spirit, thus the necessity of a renewed life centered on Jesus?
- 3 Reminder: Try to keep these household meetings to within 2 1/2 hours.

Meeting No. 3

- 1 Full worship, a joint meeting, fellowship.
- 2 Topic: Discuss and share about "The Christian Couple as a Pastoral Team".
 - * How are we failing to work as a team?
 - * Evaluate how much of a "domestic church" our home already is.

Meeting No. 4

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: For the men, discuss and share about "The Role of a Christian Husband". For the

women, discuss and share about "The Role of a Christian Wife".

- * How am I living out my role as a Christian husband/wife?
- * How do I support my spouse in living out his/her role?

Meeting No. 5

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Discuss and share about "Effective Communication in Marriage".
 - * What are the obstacles to my communicating with my spouse?
- 3 Note:
 - * If no regular communication has been set, get them to commit to discuss with their spouse when and where their time of dialogue would be.
 - * If they have not yet started on a real husband wife dia-logue, get them to commit to do so in the coming week.
 - * Inform them that they will share about their time of communication during the next meeting.

Meeting No. 6

- 1 Full worship, a separate meeting, fellowship.
- 2 Topic: Share about their husband-wife dialogue in the past week.
 - * Give helpful inputs and suggestions to one another.
- 3 **Note:**
 - * Stress the importance of regular communication. With this more and more in place, the foundation would be laid for working through any difficulties that may arise in the future.
 - * Note down the day and time of their regular communication.

Meeting No. 7

- 1 Full worship, a separate meeting, fellowship.

2 Topic: Discuss and share about "Healing Our Marriages".

* Surface hurts which pose a stumbling block to a strong, vibrant marriage relationship.

* If necessary, pray over those with such hurts.

3 **Note:**

* It is important to stress the necessity for repentance and forgiveness as essential to truly healing hurts in marriage.

* For those who need counselling beyond your own capabilities, refer them to the Unit or Chapter Head, or to other CFC elders.

Meeting No. 8

1 Full worship, a separate meeting, fellowship.

2 Topic: Discuss and share about "Building Our Homes for God".

* Share about how they evaluate their homes in the areas of faith, service love, peace and order.

3 **Note:**

* Get the members to agree to lovingly point out various areas of weakness in their Christian homes, as they observe these during household meetings held in their homes.

Meeting No. 9

1 Full worship, a joint meeting, fellowship.

2 This is a time of celebration, as the couples would have completed the basic first year formation courses in CFC, and they would be one year in CFC starting from the time they joined the Christian Life Program (CLP).

3 Topic: Share about their life in CFC and how CFC has been a blessing to them, their marriage and their family.

NOTE

1 Whenever there is a fifth week in the month, this can be devoted to a time of fellowship or a purely social activity. You may choose to do a variety of activities, either in a home or outside.

2 After this phase, your members will move on into their 2nd year in CFC.

* Encourage them to be open to serving as discussion group leaders in the CLP.

* Encourage them to be ready to face up to a possible dis-banding of the household and their assignment to a new household.

3 Should your household remain intact, the content for your meetings beyond the first year will be in accordance with the cycle described in your Household Head's Manual.